

# SOUTHERN REGIONAL HIGH SCHOOL

MEAL TICKETS MAY BE PURCHASED IN ADVANCE

AVAILABLE DAILY: ASST, FRUITS, VEGETABLE, WG BREAD, CHOICE OF 1% or FF FLAVORED MILK

	Monday 1/7	Tuesday 1/8	Wednesday 1/9	Thursday 1/10	Friday 1/11
<b>Lunch: \$2.95</b> <b>Premium: \$3.40</b>					
<b>FAVORITES</b> 	<b>Hamburger Sliders w/ Toppings</b>  Hash Brown Patties Spinach Salad Fruit 1% or FF Milk	<b>Popcorn Chicken Bowl w/ Dinner Roll Mashed Potatoes &amp; Gravy</b>  Golden Corn Spinach Salad Fruit 1% or FF Milk	<b>Chinese Chicken Take Out w/ Egg Roll</b>  Chinese Vegetables Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	<b>Nacho Bar w/ Fixings</b>  Salsa Latin Black Beans Spinach Salad Fruit 1% or FF Milk	<b>Philly Cheesesteak Sub</b>  French Fries Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
<b>GRILL</b> 	<b>Chicken Patty Parmesan Hamburgers Cheeseburger</b>  Glazed Carrots Spinach Salad Fruit 1% or FF Milk	<b>Hamburgers Cheeseburger Chicken Bacon Ranch</b>  Golden Corn Spinach Salad Fruit 1% or FF Milk	<b>Buffalo Chicken Patty Hamburger Cheeseburger</b>  Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	<b>Rib-a Que Sandwich Hamburger Smoke House Burger</b>  Salsa Latin Black Beans Spinach Salad Fruit 1% or FF Milk	<b>Chicken Patty Hamburger Cheeseburger</b>  Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
<b>PIZZA</b> 	<b>Pepperoni Pizza Cheese Pizza</b> ---- Glazed Carrots Spinach Salad Fruit 1% or FF Milk	<b>Buffalo Chicken Pizza Cheese Pizza</b> ---- Golden Corn Spinach Salad Fruit 1% or FF Milk	<b>White Pizza Cheese Pizza BBQ Chicken Pizza</b> ----- Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	<b>Cheese Pizza Pepperoni Pizza</b> ---- Salsa Latin Black Beans Spinach Salad Fruit 1% or FF Milk	<b>Vegetable Pizza Cheese Pizza Meat Lovers Pizza</b> Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
<b>PASTA</b> 	<b>Macaroni &amp; Cheese w/ Dinner Roll</b> ----- Glazed Carrots Spinach Salad Fruit 1% or FF Milk	<b>Pasta Alfredo w/ Garlic Bread</b> ---- Golden Corn Spinach Salad Fruit 1% or FF Milk	<b>Pasta &amp; Meatballs w/ Garlic Bread</b> ----- Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	<b>Cheese Tortellini w/ Dinner Roll</b> --- Salsa Latin Black Beans Spinach Salad Fruit 1% or FF Milk	<b>Baked Ziti w/ Garlic Bread</b> --- Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
<b>SANDWICHES</b> 	<b>Wraps &amp; Sandwiches</b> WG Bread Or WG Hoagie Roll Glazed Carrots Spinach Salad Fruit 1% or FF Milk	<b>Wraps &amp; Sandwiches</b> WG Bread Or WG Hoagie Roll Golden Corn Spinach Salad Fruit 1% or FF Milk	<b>Wraps &amp; Sandwiches</b> WG Bread Or WG Hoagie Roll Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	<b>Wraps &amp; Sandwiches</b> WG Bread Or WG Hoagie Roll Salsa Latin Black Beans Spinach Salad Fruit 1% or FF Milk	<b>Wraps &amp; Sandwiches</b> WG Bread Or WG Hoagie Roll Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
<b>SALAD BAR</b> 	<b>Salad Bar \$3.40 Adults</b> <b>\$3.95 per lb.</b> Dinner Roll <b>Boxed Lunch:</b> <u>Hummus w/ Veggies</u>	<b>Salad Bar \$3.40 Adults</b> <b>\$3.95 per lb.</b> Dinner Roll <b>Boxed Lunch:</b> <u>Cheese &amp; Crackers</u>	<b>Salad Bar \$3.40 Adults</b> <b>\$3.95 per lb.</b> Dinner Roll <b>Boxed Lunch:</b> <u>Hummus w/ Veggies</u>	<b>Salad Bar \$3.40 Adults</b> <b>\$3.95 per lb.</b> Dinner Roll <b>Boxed Lunch:</b> <u>Cheese &amp; Crackers</u>	<b>Salad Bar \$3.40 Adults</b> <b>\$3.95 per lb.</b> Dinner Roll <b>Boxed Lunch:</b> <u>Hummus w/ Veggies</u>
<b>STUDENT LUNCH \$2.95 - PREMIUM LUNCH \$3.40</b>					

CAFETERIA MANAGER: 11/12 Debbie Exel ext. 4419 Menu Subject to Change